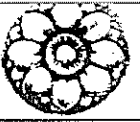


CRYSTALS



How to Choose your Crystal: There are a few different approaches in finding the right crystal:

- 1) Look through one of our many crystal reference books & match the inquiry to the crystal
- 2) Have a clear intention and/or see what crystal you are drawn to by sight or by feeling
- 3) Use divination tools (ex. pendulums), muscle testing, dream visions or messages from your guides

How to Cleanse your Crystal: *To avoid damaging your crystal, it is very important to first understand the qualities & durability of the crystal before choosing the best cleansing method.*

Here are a few ideas:

- 1) Soak crystal in a sea salt water bath for 24hrs (only for non-porous & hard/polished crystals)
- 2) Smudge with a purifying & cleansing smoke or spray (ex. sage, copal, palo santo)
- 3) Sit crystals by root of a tree or in the earth (in protective box) over a length of time
- 4) Use high frequency sound healing chimes, tuning forks or bowls

Try charging a cleared crystal under the light of the moon, the sun, or in a bundle of flowers/herbs

Crystal Care: We encourage you to research your crystal thoroughly. Due to the complex composition of minerals in crystals their porosity, toxicity and hardness vary considerably. Washing hands after handling your crystal is recommended.

Agate-stability, grounding, relieves anxiety
 Amazonite-clearing, detoxifying, uplifting
 Amber-auric protection, purification, other realm vision
 Amethyst-deep psyche healing, divine guidance, sleep
 Angelite-guardian angels, soothing, spiritual awareness
 Apache Tear-prophecy, griefwork, emotional cleanser
 Apatite-communication, outmoded patterns, adaptability
 Aquamarine-release, inner truth, recovery, foresight
 Atlantisite-positivity, optimism, abundance, relaxed
 Aventurine-new beginnings, prosperity, self-nurturing
 Blue Lace Agate-cooling, calming, receptivity
 Black Obsidian-shadow work, psychic shield
 Black Tourmaline-highly protective, dispels blockages
 & negative energy, shields psychic attacks, purification
 Calcite-spontaneity, realignment of chakras, clearing
 Carnelian-creativity, momentum, sensuality
 Celestite-celestial connection, inner guides, calming
 Charoite-path of service, dreamwork, awakening
 Chalcedony-fluidity, self-reflection, visions
 Chrysoprase-growth, compassion, heart teachings
 Chrysocolla-creative expression, global awareness, earth
 stewardship, adventure, recognizing talents
 Citrine-manifestation, integrity, self-esteem, positivity
 Cobalto Calcite-Aphrodite's stone, sensual love, restores
 hope, eases forgiveness, life purpose
 Drusy-dissolves negativity in auric field, inspires joy
 Fluorite-balances polarities, memory, focus, calms mind
 Fossils-record keepers, ancestral wisdom, grounding
 Garnet-vitality, sexuality, shifts trauma, soul-retrieval
 Hematite-strengthens ones core, shields against negativity
 Honey Calcite - responsibility, leadership, self worth
 Iolite-inner sight, psychic development, channeling
 Jade-health, abundance, harmony, wisdom

Jasper-stability, earth attunement, promotes action
 Jet-journeying, astral travel, grief work, purification
 Kunzite-universal love, releases anxiety & dependency
 Kyanite-realigns chakras, communication, expression, cuts
 energy cords, dispels electromagnetic energy
 Labradorite-magic, illumination, intuition, shadow work
 Lapis Lazuli-visioning, higher truth, sacred knowledge
 Larimar-awakening, nurturing, lost civilizations, water &
 fire alchemy
 Lepidolite-emotional balance, diffuses stagnant energy
 Malachite-manifestation, leadership, strength of will
 Moldavite- transmits energy, raises vibratory frequency
 Mookite- adventure, energy, grounding, earth connection
 Moonstone-initiation, attuning to rhythms & cycles,
 intuition, self-reflection, emotional wisdom
 Onyx-focus, guidance, grounds excess energy
 Petrified Wood-karmic healing, accesses akashic records
 Pink Opal - emotional balance, heals heart, soothes nerves
 Prehnite-releases fear, promotes self-worth, breakthrough
 Pyrite-shields the aura, attracts success & abundance
 Quartz-increases energy, raises vibration, holds intention
 Rhodochrosite-inner child, heart-healing, playfulness
 Rhodonite-heals emotional scars, energetic immunity
 Rose Quartz-unconditional love, compassion, serenity
 Selenite-higher self, dream recall, clairvoyance, solace
 Seraphinite-healing, regeneration, connection to guides
 Shungite - Blocks harmful EMF rays, grounding, protective
 Smoky Quartz-grounding, extracts negative energy, astral
 travel, dispels fears & anxiety
 Sodalite-memory, journeying, promotes higher learning
 Tektite-auric cleansing, telepathy, lucid dreaming
 Tigers Eye-promotes discipline, courage, ambition
 Turquoise-spirit communication, ancestral wisdom