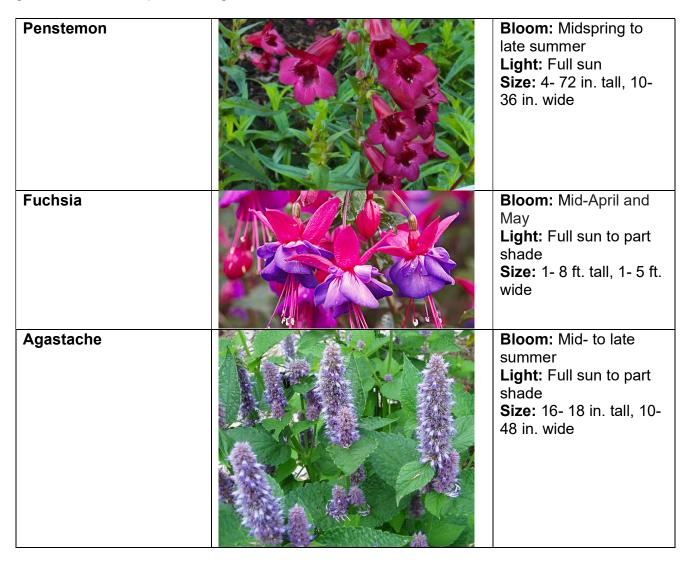


## Plants for Attracting Hummingbirds

Hummingbirds are always welcome guests in the garden. These remarkable little birds are a delight to watch as they hover and dart from blossom to blossom. Hummingbirds eat five to 14 "meals" an hour. Their diet consists of flower nectar and protein from other insects. Researchers at Tohono Chul Botanical Park discovered that hummingbirds visit feeders less frequently when there are more flowers in the area. Once hummingbirds discover your garden, the same individuals are likely to return each year at about the same time. It is fortunate that there are so many great plants for hummingbirds. If you have a green thumb, love digging in the dirt and enjoy providing habitat and food for hummingbirds, here are some plants you'll want to grow. All listed are perennial, good for Zone 8 and need well-drained soil.



Trumpet Honeysuckle	Bloom: From spring and sporadically until frost Light: Full sun Size: 6- 20 ft. tall, 3- 5 ft. wide
Bee Balm	Bloom: Throughout the summer Light: Full sun to part shade Size: 10- 48 in. tall, 12- 60 in. wide
Torch Lily	Bloom: Late spring Light: Full sun Size: 1- 4 ft. tall, 1- 3 ft. wide
Wild Columbine	Bloom: Late spring to early summer Light: Part shade Size: 12- 36 in. tall, 12- 18 in. tall
Cardinal Flower	Bloom: Midsummer to fall Light: Full sun to part shade Size: 20- 48 in. tall, 12- 24 in. wide