











Plants for Attracting Hummingbirds

Hummingbirds are always welcome guests in the garden. These remarkable little birds are a delight to watch as they hover and dart from blossom to blossom. Hummingbirds eat five to 14 “meals” an hour. Their diet consists of flower nectar and protein from other insects. Researchers at Tohono Chul Botanical Park discovered that hummingbirds visit feeders less frequently when there are more flowers in the area. Once hummingbirds discover your garden, the same individuals are likely to return each year at about the same time. It is fortunate that there are so many great plants for hummingbirds. If you have a green thumb, love digging in the dirt and enjoy providing habitat and food for hummingbirds, here are some plants you’ll want to grow. All listed are perennial, good for Zone 8 and need well-drained soil.

Penstemon		Bloom: Midspring to late summer Light: Full sun Size: 4- 72 in. tall, 10-36 in. wide
Fuchsia		Bloom: Mid-April and May Light: Full sun to part shade Size: 1- 8 ft. tall, 1- 5 ft. wide
Agastache		Bloom: Mid- to late summer Light: Full sun to part shade Size: 16- 18 in. tall, 10-48 in. wide

<p>Trumpet Honeysuckle</p>		<p>Bloom: From spring and sporadically until frost Light: Full sun Size: 6- 20 ft. tall, 3- 5 ft. wide</p>
<p>Bee Balm</p>		<p>Bloom: Throughout the summer Light: Full sun to part shade Size: 10- 48 in. tall, 12- 60 in. wide</p>
<p>Torch Lily</p>		<p>Bloom: Late spring Light: Full sun Size: 1- 4 ft. tall, 1- 3 ft. wide</p>
<p>Wild Columbine</p>		<p>Bloom: Late spring to early summer Light: Part shade Size: 12- 36 in. tall, 12- 18 in. tall</p>
<p>Cardinal Flower</p>		<p>Bloom: Midsummer to fall Light: Full sun to part shade Size: 20- 48 in. tall, 12- 24 in. wide</p>